**2025 Journal Club: Sleep**

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| **Date/Time:** | 1/1/2025 12:00:00 PM | **Activity ID:** | **20099** |
| **Location:** | Virtual Meeting | | |
| **Topic** | A gathering designed for healthcare professionals, researchers, and students who are passionate about advancing their knowledge in the field of sleep medicine. | | |

**Objectives:**

After this activity, the participant will be able to:

1 Discuss updated guidelines to assist providers to stay up-to-date in sleep medicine.

**Accreditation:**

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**American Medical Association (AMA)**

AdventHealth Orlando is accredited by the Florida Medical Association (FMA) to provide continuing medical education for physicians.

AdventHealth Orlando designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

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**Other Healthcare Professionals**

Other healthcare professionals who participate in this activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. Participants are responsible for determining whether this activity meets the requirements for acceptable continuing education.

**Disclosures:**

AdventHealth Orlando CME adheres to the ACCME&rsquo;s Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

The planners and faculty of this series have disclosed the following financial relationship(s) with ineligible companies/commercial interests:

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| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Holly J. Skinner, DO | Course Director, Faculty | Nothing to disclose - 12/11/2024 |
| Jennifer M. DeLong, MHA, RPSGT | Activity Coordinator | Nothing to disclose - 12/12/2024 |