

CMS 165: Controlling High Blood Pressure

Description:	Percentage of patients aged 18 – 85 years of age who had a diagnosis of hypertension (HTN) starting before, continuing into, or starting during the first six months of the measurement period, and whose most recent blood pressure (BP) was adequately controlled (<140/90mmHg) during the measurement year.
Exclusions:	Patients with a diagnosis of pregnancy, End-Stage Renal Disease (ESRD), documentation of dialysis or renal transplant, before or during the measurement year. Patient 66-80 years old and older with a Frailty diagnosis and dementia medication. Patients 81 years and older with a Frailty diagnosis. Patients receiving hospice or palliative care. Patients 66 and older living in a long-term in a nursing home.
Exceptions:	None
Telehealth:	Encounters are included for measure satisfaction.
Measure Steward:	National Committee for Quality Assurance (NCQA).
Specialty:	All
Qualifying Encounter(s):	Office Visit, Home Health Services, Preventative Care Services, Online Assessment, Telephone Visit.

Note: Blood pressure taken in person by a clinician or remotely by electronic monitoring devices can transmit the blood pressure data to the clinician. Blood pressure readings taken by a remote monitoring device conveyed by the patient to the clinician are also acceptable. It is the clinician’s responsibility to confirm the remote monitoring device used is considered acceptable as well as dependable.

How to Satisfy This Measure

1. Patients with a diagnosis of Essential Hypertension → document patient’s blood pressure in the vitals.
 - a. If over 140 systolic or 90 diastolic → retake the vital → document the lowest systolic and diastolic values.

	Subject Matter Expert
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PE Updated: 3/19/2025	Martine Garner



Clinical Team Member Role Workflow

1. During rooming activity, **→ Vitals Section** document the patient's blood pressure (BP).
 - a. If Initial Blood Pressure is above 140/90 **→** retake and place the new reading of blood pressure in the **new tab**.

Note: It is recommended to take it at least twice, manually. The numerator looks for the lowest most recent sys and most recent diastolic whether taken at the same time or by a combination of readings, and therefore it's important to capture a second reading if the first one is high.

- b. To retake the blood pressure **→ New** to add new/updated values.

The screenshot shows the 'Vital Signs' form with a warning dialog box overlaid. The warning message reads: 'Warning: The value you entered, which is now highlighted, is higher than the warning limit of 150 for systolic pressure. Do you want to continue using this value?' with 'Yes' and 'No' buttons. The BP field in the background is highlighted with a yellow background and contains the value '160/100'.

- c. Clicking **New** **→** the new vital and timestamp will be there.

The screenshot shows the 'Vital Signs' form with a new entry added. The 'Taken on' field now shows two entries: '8/5/22 8:23 AM' and '8/5/22 9:12 AM'. A red arrow points to the '+ New' button.

- d. A warning will appear if the Systolic Blood Pressure is over 140.

The screenshot shows the 'Rooming' form with a warning dialog box overlaid. The warning message reads: 'Warning: The value you entered, which is now highlighted, is higher than the warning limit of 139 for systolic pressure. Do you want to continue using this value?' with 'Keep' and 'Go Back' buttons. The BP field in the background is highlighted with a red background and contains the value '140/80'. A red arrow points to the warning dialog box.



Provider Role Workflow

1. Review **Blood Pressure** for patients 18 – 85 years of age with a diagnosis of hypertension (HTN).
2. Review **Linked Diagnosis** to insure **Hierarchal Conditional Category Coding** is to the highest specificity.

Documenting Exclusions

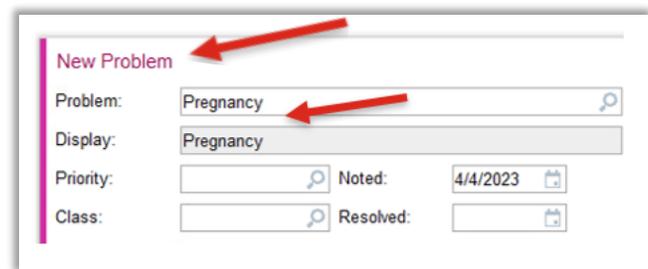
- Pregnancy
- End-Stage Renal Disease (ESRD).
- Dialysis or renal transplant.
- Hospice or palliative care to problems list.
- Add Frailty or advanced illness.

Patients 66 or older with:

- Advanced illness with two outpatient encounters during the measurement period or the year prior.
- Advanced illness with one inpatient encounter during the measurement period or the year prior.
- Taking dementia medications during the measurement period or the year prior.

Diagnosis of Pregnancy

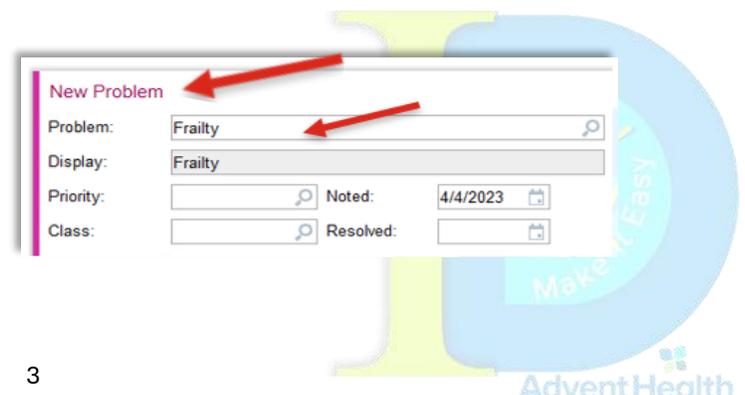
- Add a **current diagnosis** of pregnancy to **New Problems**.



The screenshot shows a 'New Problem' form. The 'Problem' field contains 'Pregnancy'. The 'Display' field also shows 'Pregnancy'. The 'Priority' field is empty. The 'Noted' date is '4/4/2023'. The 'Class' field is empty. The 'Resolved' date is empty. Red arrows point to the 'Problem' and 'Display' fields.

Diagnosis of Frailty or Advanced Illness

- Add a **current diagnosis** of frailty (R54) or any other advance illness diagnosis to **New Problem**.



The screenshot shows a 'New Problem' form. The 'Problem' field contains 'Frailty'. The 'Display' field also shows 'Frailty'. The 'Priority' field is empty. The 'Noted' date is '4/4/2023'. The 'Class' field is empty. The 'Resolved' date is empty. Red arrows point to the 'Problem' and 'Display' fields. A watermark 'Make it Easy' and the 'Advent Health' logo are visible in the background.

Documentation of Dialysis or Renal Transplant

- Add a **current diagnosis** of dialysis or renal transplant to **New Problem**.

New Problem

Problem: Dialysis patient (HCC)

Display: Dialysis patient (HCC)

Priority: [] Noted: 4/4/2023

Class: [] Resolved: []

New Problem

Problem: Renal transplant disorder

Display: Renal transplant disorder

Priority: [] Noted: 4/4/2023

Class: [] Resolved: []

Diagnosis of End Stage Renal Disease

- Document a **current diagnosis** of end stage renal disease to **New Problem**.

New Problem

Problem: End stage renal disease (HCC)

Display: End stage renal disease (HCC)

Priority: [] Noted: 4/4/2023

Class: [] Resolved: []

Documenting Dementia Medication

- Add or Order medication to the **medication list**.

Medication Management

Name	Dose, Frequency	Adh
aspirin 325 MG EC tablet	325 mg, Daily	[] [] [] [] [] []
atorvastatin (Lipitor) 20 MG tablet	20 mg, Daily	[] [] [] [] [] []
donepezil (Aricept) 10 MG tablet	10 mg, Nightly	[] [] [] [] [] []
lisinopril (Prinivil, Zestril) 10 MG tablet	10 mg, Daily	[] [] [] [] [] []
metFORMIN (Glucophage) 500 MG tablet	1,000 mg, 2 times daily with meals	[] [] [] [] [] []

donepezil (Aricept) 5 MG tablet

Reference Links: 1. Lexicomp

Product: DONEPEZIL HCL 5 MG PO TABS

Sig Method: Specify Dose, Route, Frequency

Dose: 5 mg

Route: Oral

Frequency: Nightly

Duration: 180 Days

Starting: 4/5/2023

Ending: 10/2/2023

Quantity: 30 tablet

Total Supply: 180 Days

Mark long-term: DONEPEZIL HCL

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Add and Document CPT II at Charge Capture

- For help with Medicare Advantage claims reporting, the corresponding CPT II codes will display as well as automatically attach to the **Charge Capture** section based on the most recent blood pressure reading.

Medicare Advantage CPT II Codes	
3074F	Most recent systolic blood pressure < 130 mm Hg
3075F	Most recent systolic blood pressure 130-139 mm Hg
3077F	Most recent systolic blood pressure >= 140 mm Hg
3078F	Most recent diastolic blood pressure < 80 mm Hg
3079F	Most recent diastolic blood pressure 80-89 mm Hg
3080F	Most recent diastolic blood pressure >= 90 mm Hg

For questions or issues, please contact your local training team.

